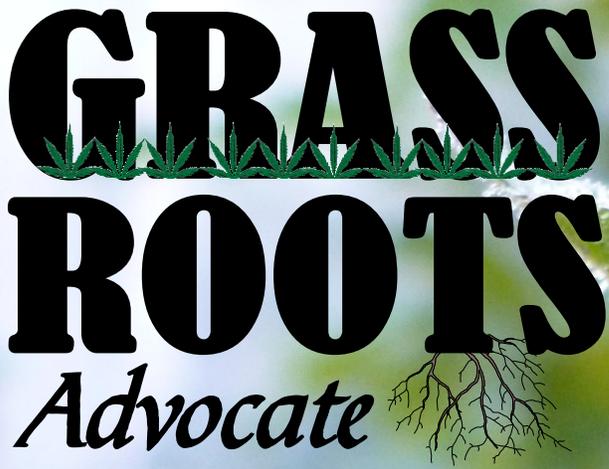


GRASS ROOTS

Advocate



Issue 9
FREE



People Advocating
Cannabis Education
pace-online.ca

An Introduction to
JUICING CANNABIS

Medical Marijuana patient
WATERMELON

PACE & TY Magazine
TOGETHER AGAIN

Shouldn't be a Taboo Subject
**SICK CHILDREN
& CANNABIS**

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Who We Are ...

P.A.C.E. --- medical and non-medical cannabis advocates who promote cannabis education by participating at non-cannabis public events, through the Grassroots Advocate magazine and a weekly LIVE online radio broadcast found at LifestyleRadio.ca. We focus on the Canadian cannabis community and Canada's cannabis news, but do occasionally go International.

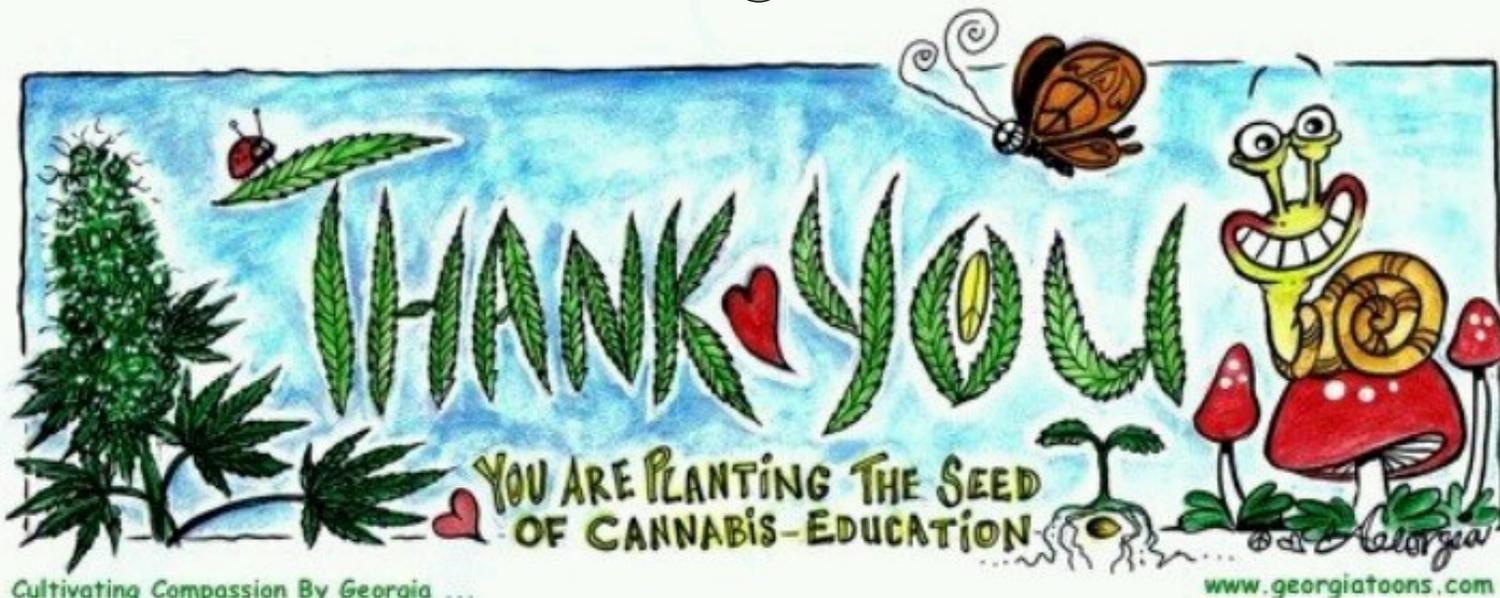
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Cultivating Compassion By Georgia ...

www.georgiatoons.com

EDITORIAL

By Al Graham

I hope.....



Fall..it's the best time of the year. Why? Because there are no bugs, no heat and lots of colour in the trees, it's also harvest time for the outside gorilla grower.

It's the time when, for some, almost 6 months of work will come together. While a few bunk out in the woods others may have just walked over to their vegetable garden. I'm sure many went for a warm spring walk and only returned to the location in the fall. I hope that the lack of attention didn't turn out bad for you.

I know of a person that who watered their plant, yes singular, while they watered their other vegetables. This person told me that they had some concerns about growing their plant but they were also concerned about the cancer that runs through their body. Why should a person with cancer have to worry about growing one plant? Why do they need that extra burden?

For those of you who worked hard all season grooming your outdoor garden I hope that your efforts were worth all the hard work. I hope that the rippers, those who steal cannabis, never stopped by for a visit. I've heard some say that their fenced in gardens had the top cola's stolen from them. Don't these people realize, the plants that they are stealing are more than likely someone's medication? This person who's growing their plant for cancer would have been devastated to have it stolen. It was a daily thing for them to go out and water it while they watered the vegetables. They learned to pinch it and keep it clean and in the end created a bond with it. It's one of those things that you only hear about... how beneficial growing can be for a patient.



For those of you who bunked out in the woods and endured the rain to cool fall weather, I hope your health is good and that you're not suffering from a fall cold. To both you and the walker I hope the damp fall weather didn't cause your precious buds to go moldy or like the outdoor home grower that no rippers passed by your garden. I also hope that the deer or other wildlife didn't stop in for a snack and leave you nothing. I hope that you found some sunny days to bring in your harvest to some warm ones if you had to trim outdoors.

Gorilla gardeners, I hope you respected the land that you used or may have borrowed. I hope that you only took pictures and left only foot prints. Because leaving behind empty bottles to pails, that you may never use again, isn't being nice to anyone or anything. So I hope you brought your garbage home with you.

I hope your harvest was plentiful and that it lasts you until the next one. I hope it's dried and cured properly so when you go to use it, it hasn't gone fuzzy.

Will the laws every change? They seem to be but very slowly and people are being arrested. Will the process speed up and will people no longer be arrested for cannabis?.... I hope.





Law should be enforced at Ottawa pot dispensaries, Mayor Jim Watson says

By Jon Willing Sept. 28/16 ottawacitizen.com

Mayor Jim Watson suggested Wednesday that police need to smoke out marijuana dispensaries, which are sprouting all across Ottawa. "I would like to see everyone obey and respect the law," Watson told reporters Wednesday. "If marijuana is going to be legalized, as the prime minister has indicated, then that's fine, we'll live with those rules and regulations and these shops can then open legally, but we don't know the time frame of that and while they're breaking the law, I think the law should be enforced."

Union of BC Municipalities unanimously passes two cannabis-related resolutions

By David Brown Sept. 28/16 news.lift.co

The Union of BC Municipalities unanimously passed two cannabis-related resolutions today at their annual convention in Victoria. The UBCM's convention is all this week in Victoria, BC, with politicians from across the province meeting to discuss numerous issues impacting their communities.

Mandatory pot cultivation sentence tossed out

By Michele Mandel Sept. 06/16 torontosun.com

There goes another Harper tough-on-crime law out the judicial window. We wouldn't want to be too hard on a woman farming 1,100 pot plants in the middle of a Jane St. high rise apartment building. In a landmark ruling, an Ontario judge has struck down yet another of the former Conservative government's mandatory minimum sentences as unconstitutional, this time the two-year minimum jail term, with an extra year for endangering public safety, for growing more than 500 plants.

Pot shops rush to comply as Victoria's new rules come into effect

By Bill Cleverley Sept. 23/16 timecolonist.com

Victoria's marijuana retailers lost no time in applying for zoning and business licence approvals after the Several applications for rezoning and business licences had been submitted by midday, said city clerk Chris Coates. An estimated 39 marijuana-related businesses are operating in the city, with about 35 operating as storefront medical-cannabis retailers. Under the process now in place, a business licence will not be issued until the rezoning has been approved. However, a cannabis retailer may continue to operate while taking steps toward rezoning.

Statement from Health Canada on the Testing of Marijuana

By Health Canada Sept. 21/16 news.gc.ca

OTTAWA - With the recent entry into force of the Access to Cannabis for Medical Purposes Regulations (ACMPR), individuals with a medical need can now apply to Health Canada to grow a limited amount of cannabis for their own medical purposes or designate someone to grow it on their behalf. In order to provide these individuals authorized under the new ACMPR regime with a means to test their product, should they so choose, enabling persons registered under the ACMPR, as well as individuals authorized to possess cannabis under a court injunction, to access testing services for dried or fresh marijuana or cannabis oil that they have produced.

BMO drops Lower Sackville hemp shop citing unspecified 'risk'

By Yvonne Colbert Sept 22/16 cbc.ca

A Lower Sackville, N.S., couple who operate a business called Hemp Heaven are upset after receiving a letter from their bank. "Our decision is based in part on information that has been provided to us," the letter from the Bank of Montreal said. "Based on the information provided to us your business and personal activities fall outside our risk tolerance and therefore we do not have an appropriate basis to maintain a banking relationship."





Health Canada accepting requests for cannabis oil imports

By David Brown Sept. 15/16 news.lift.co

Health Canada has confirmed that they are accepting requests from individuals to import cannabis oil like Charlotte's Web, if the Minister of Health deems it "necessary for medical or scientific purposes, or is otherwise in the public interest." Charlotte's Web, a high CBD cannabis oil produced in the US, was in the news in Canada earlier this year when a shipment from the US was stopped at the border.



Lawyer Kirk Tousaw plans to guide marijuana enthusiasts through the confusing path to legalization

By Travis Lupick Sept. 15/16 straight.com

There's a lot going on with marijuana this year. Last month, the Liberal government in Ottawa announced revisions to the former Conservative administration's system for medicinal marijuana that will permit authorized patients to grow their own medicinal cannabis. Entirely new legislation that will fully legalize and regulate recreational marijuana



Canadian teens are smoking less tobacco, but marijuana popular

By The Canadian Press Sept. 14/16 thestar.com

OTTAWA—A new federal survey suggests the percentage of students who smoke tobacco fell to about 3 per cent in 2014-15 from 4 per cent a year earlier. The Canadian Student Tobacco, Alcohol and Drugs Survey found declines in both the numbers of students who had ever tried smoking and current smokers.



'Go slow,' says leader of task force on legalization of pot in Canada

By TondaMacCharles Sept. 12/16 thestar.com

OTTAWA—Anne McLellan, leader of the federal task force on how to legalize pot, says it's critical that Canada "go slow" on reforming marijuana laws. In an interview with the Star as the task force concluded public consultations and begins to winnow recommendations to government, McLellan said there are "important lessons" to be taken from places that have already loosened marijuana laws — chief among them to introduce change slowly.



Durham cop OK'd to own unlicensed pot shop

By Jesse McLean Sept. 08/16 thestar.com

A Durham police officer for six months co-owned a medical marijuana company that is not licensed and offers consumers pot brownies and other products the government says are illegal to sell. And veteran Const. Phil Edgar, who once received a commendation for numerous marijuana busts, did it with the blessing of his police force.



N.B. government has high hopes in economic return of marijuana legalization

By Paul Cormier Sept 06/16 globalnews.ca

Medical marijuana is a rapidly growing industry, and with the federal government looking into legalization, the potentially enormous economic return is something the province of New Brunswick is counting on. The Gallant government has recently announced a \$4 million investment for Zenabis, a marijuana production facility in Atholville, and has given previous money to medical marijuana producer Organigram in Moncton.

CANNABIS & YOU

Introduction to Juicing Cannabis

Originally published at medicaljane.com

Pressed vegetable juices are growing in popularity on a global level, so it should be no surprise that medical marijuana patients, caregivers and health care professionals are now looking into the health benefits of juicing marijuana plants as well.

Vegetables are typically defined as a “herbaceous plant grown for an edible part, usually eaten as part of a meal.” This typically refers to the leaf, stem, flower, or root of a plant. In 1967, the meaning of vegetables changed to, “any plant cultivated for food, edible herb or root.” Some vegetables may be eaten raw, while others must be cooked in order to be edible. When certain fruits and vegetables are heated, they lose a majority of their beneficial enzymes and nutrients. Cannabis is no different. Aside from the fact that cannabis is technically a vegetable with many of the same nutrients as other leafy greens (like fiber, iron and calcium), it is jam-packed with beneficial cannabinoids that are unique to the cannabis plant. As such, juiced cannabis is a nutritionally-dense, very potent medicine without the psychoactive components one would normally experience when heating the plant. The high concentration of raw cannabinoid acids in juiced cannabis coupled with the perfect balance of fatty acids could help improve cell function and reduce damage caused by free radicals. Additional benefits of raw, juiced cannabis include reduced inflammation and the facilitation of two-way cellular communication. Many cannabinoids also have anti-tumor properties which are readily available through the consumption of raw marijuana.



Juicing Health Benefits

While smoked or vaporized cannabis can in fact be used as a medicinal therapy, juicing raw cannabis can help prevent health issues from arising altogether. Some call cannabis the “most important vegetable on the planet” because it can assist the function of your immune system, provide anti-inflammatory benefits, and improve bone metabolism and neural function. In fact, research has shown medical marijuana is even capable of inhibiting cancer cell growth.

According to Dr. William Courtney, a dietary raw cannabis specialist and a strong believer in the plants healing powers, “you are actually walking away from 99% of the benefits cannabis provides when you cook or smoke cannabis.” However, in its raw form, the cannabis plant contains both **THCA** (Tetrahydrocannabinolic-acid) and **CBDA** (Cannabidiolic-acid), two cannabinoids known for their medicinal benefits; each of which must be heated in order to produce THC and CBD, respectively. Only when you decarboxylate THCA, turning it into THC, does it cause psychoactive effects or “the high” most associated with smoking cannabis. Additionally, the body is able to tolerate larger dosages of cannabinoids when cannabis is consumed in the raw form. This is because when you smoke cannabis, the THC actually acts as a CB1 receptor agonist and your body can only absorb ~10 mg at a time.

According to Dr. William Courtney, “If you don't heat marijuana, you can go up to five or six hundred milligrams and use the plant strictly as a dietary supplement by upping the anti-oxidant and neuro-protective levels which come into play at hundreds of milligrams of CBDA and THCA. It is this dramatic increase in dose from 10 mg of psychoactive THC to the 500 mg – 1,000 mg of non-psychoactive THCA, CBDA, and CBGA that comprises the primary difference between traditional medical marijuana treatments and using cannabis as a dietary supplement.”



The FDA has actually approved a tolerable CBD dose of 600 mg/day as a new investigative drug. This makes the medical potential of drinking the juice containing 600mg of CBDA, far greater than when you heat the cannabis. Considering CBD percentages are typically below 1% in most strains available in dispensaries across the nation, it is nearly impossible to smoke enough in one day to ingest a 600mg dosage of CBD.

The Science of Juicing Cannabis

Two-Way Communication With Nerve Cells



One-way traffic to nerves is the main cause of inflammation in the body. Under this scenario, immune cells are being continuously attacked and nothing is communicating with the nerves to tell them to calm down. However, studies show that when you add cannabinoids to the equation, a two-way communication is made possible, resulting in reduced inflammation. The cannabinoids work to prevent and fight symptoms by providing nerves with this two-way communication.

We all have cannabinoids in our bodies; these are known as endocannabinoids. These endocannabinoids bind to different receptors throughout our bodies and are very effective at regulating immune functions, nerve functions, and even bone functions. The endocannabinoid system acts as a modulator in fine-tuning a lot of these systems. If something is deranged biochemically in a person's body, it may well be that a cannabinoid system can bring things back into balance.

How to Juice Raw Cannabis

DO NOT go to your local dispensary, obtain dried cannabis and throw your buds in the juicer thinking you're about to make a magic healing potion. Juicing requires raw, freshly-picked and properly grown cannabis rid of any pesticides or other microbiological contaminants. Here are a few key recommendations to consider when juicing raw cannabis:

- When it comes to juicing, as with any vegetable, fresher is better.
- Cannabis that has been dried and prepared for smoking is **not** suitable for juicing.
- Do not be surprised if your local dispensary does not have a fresh supply of raw cannabis available.
Many patients and caregivers are required to grow their own medicine to get access to quality starting material.
- Dr. William Courtney recommends that patients juice 15 leaves, and 2 large (2 to 4 inches long) raw buds per day.
- Raw buds are flowers harvested when the THC glands are clear (rather than amber).
- It is recommended that you mix in another vegetable juice to cut the bitterness of the raw cannabis.
A popular choice is carrot juice, and a ratio of 1 part cannabis juice to 10 parts carrot juice is a good rule of thumb.
- Split the juice drink into 3 parts and drink with each meal, or store for up to 3 days in a tightly sealed container in the refrigerator.

PATIENT IN THE NEWS

Industry expert: Vancouver weed diva Watermelon shares top tips for toking in the city

By Amanda Siebert straight.com Condensed to fit

She's a business owner, a fierce naturist, and a baker extraordinaire: Watermelon, also known as Mary Jean Dundson, has been a fixture of Vancouver's underground marijuana scene for nearly 20 years.

On the day I meet Watermelon at Wreck Beach to talk the best of pot, she happens to be celebrating a milestone that some might rather forget. "It's my arrestiversary!" she says—but not before stripping down. "Fifteen years ago today was the first time I got arrested for selling pot cookies," she says, grinning.

While her days of selling cookies at the beach are (mostly) behind her ("I'm trying this semi-retirement thing out") Watermelon continues to operate the Commercial Drive Licorice Parlour, where she sells more than 50 kinds of imported licorice, chocolates, and more. The self-proclaimed weed diva also hosts a YouTube channel, where she posts recipes for things like cannabis quiche, no-frownie pot brownies, and "weedish" meatballs. With that, here are Watermelon's picks for our stoner's guide to the best of Vancouver.

Best place to smoke a joint

"Hands down, Wreck Beach! It's definitely the best place to smoke pot, although coming in at a close second would be on my couch at home. I think that's probably true for a lot of Vancouverites."



Best place to go for munchies

Commercial Drive Licorice Parlour - 1002 Commercial Drive, Bandidas - 2781 Commercial Drive

Best 4/20 event

"The event that Dana Larsen put on at Sunset Beach this year. It's my favourite in that the city had to say all sorts of bad stuff about it because they are so threatened by the fact that marijuana lobbyists can get 100,000 people to an unsanctioned event in the city. Italian Days sees 80,000 people, and it's marketed and sanctioned by the city. I love what it stands for: it's civil disobedience, the fact that it's been going for 30 years, and the fact that every year, it continues, because it's what the people of this city want."

Favourite infused foods to make

"My favourite thing I've ever made is B.C. baked salmon. Essentially, I use the fat from the salmon to convert the cannabis in the oven. It seems like such a wonderful recipe for Vancouver; it's so West Coast, because we're known for our salmon, and we're known for our weed. Weed's an herb, like marjoram or thyme, but we love to separate it from the team. It's so delicious, it tastes like it's supposed to be on salmon. Only myself and the gods knew this, up until I cooked it a few years ago."

Favourite Vancouver activist

"In terms of character and creativity, David Malmo-Levine. He practically wrote a history book on marijuana for Justice Minister Jody Wilson-Raybould; it was called 'Protecting the Poor and the Young From Prohibition'. He's been able to do this with a lot of pizzazz and without any financial backing.

"He's gone to jail for the cause, and every year, he pens new articles. He also opened up a dispensary called Stressed and Depressed, which is hilarious. Dana Larsen, Marc and Jodie Emery, Don Brier, and RielleCapler are also at the top of that list."

Watermelon, a.k.a. Mary Jean Dundson, spoke at the [International Cannabis Business Conference](#), which took place on October 13 and 14 at the Hyatt Regency Vancouver.

Condensed to fit. Complete article can be found at <http://www.straight.com/life/790666/industry-expert-vancouver-weed-diva-watermelon-shares-top-tips-toking-city>



Spaghetti with Arugula Pesto

herb.co

PREP TIME - 15 mins

COOK TIME - 15mins

READY IN – 30mins

Ingredients:

6 cups packed arugula plus 1 bunch baby arugula
1/2 cup walnuts
4 garlic cloves, peeled
1/2 teaspoon salt (kosher or sea)
1/4 teaspoon freshly ground black pepper
1/2 cup plus 2 tablespoons extra-virgin olive oil, divided
4 teaspoons canna-olive oil (<http://herb.co/recipes/canna-oil/>)
1/4 cup freshly grated Parmesan cheese, plus more for serving
1 pound spaghetti



Method: In a heavy saucepan (or a double boiler), slowly heat oil on low heat for a few minutes. You should begin to smell the oil's aroma. Add a little bit of cannabis to the oil and then stir until it is fully coated with oil. Keep adding more cannabis until the entire amount of cannabis is mixed into the oil. Simmer on low heat for 45 minutes, stirring occasionally.

Remove the mixture from the heat and allow it to cool before straining. Press the cannabis against a metal strainer with the back of a spoon to wring all the oil out of it. The oil is best stored in an airtight container in the refrigerator for up to 2 months. Throw the leftover cannabis in the compost.



Ganja Garlic Bread

Herb.co

Ingredients:

1 16-ounce loaf of Italian bread or French bread
1/2 cup (1 stick) Cannabutter, softened
2 large cloves of garlic, smashed and minced
1 heaping tablespoon of freshly chopped parsley
1/4 cup freshly grated Parmesan cheese (optional)



Method:

Preheat oven to 350°F.

Cut the bread in half, horizontally. Mix the Cannabutter, garlic, and parsley together in a small bowl. Spread butter mixture over the two bread halves. Place on a sturdy baking pan (one that can handle high temperatures, not a cookie sheet) and heat in the oven for 10 minutes.

Remove pan from oven. Sprinkle Parmesan cheese over bread if you want. Return to oven on the highest rack. Broil on high heat for 2-3 minutes until the edges of the bread begin to toast and the cheese (if you are using cheese) bubbles. Watch very carefully while broiling. The bread can easily go from un-toasted to burnt.

Remove from oven, let cool a minute. Remove from pan and make 1-inch thick slices. Serve immediately.

KEEPING PACE

Together Again

By Al Graham

Treating Yourself Magazine maybe gone but it's not forgotten. Our Keeping PACE article which appears here every month originally started out in TY. It was written by me then as it is now. Its purpose was to highlight and show what some grassroots advocates have been doing to create change. These events could be a 420rally to an advocate hosting something small at home. From there its purpose was to encourage others to do the same thing.

The publisher of Treating Yourself (TY) Marco Renda seemed to agree as every issue had something on what TY was doing to educate the masses. The TY articles involved large events that included the nation's largest trade shows where it had a vendor's booth. Many agreed that this was ground breaking because when it came to these really large events, TY was the only cannabis booth present reaching out to the general public. I know myself and many others who volunteered enjoyed interacting with the public, especially those who didn't expect to see a cannabis booth at a home show.

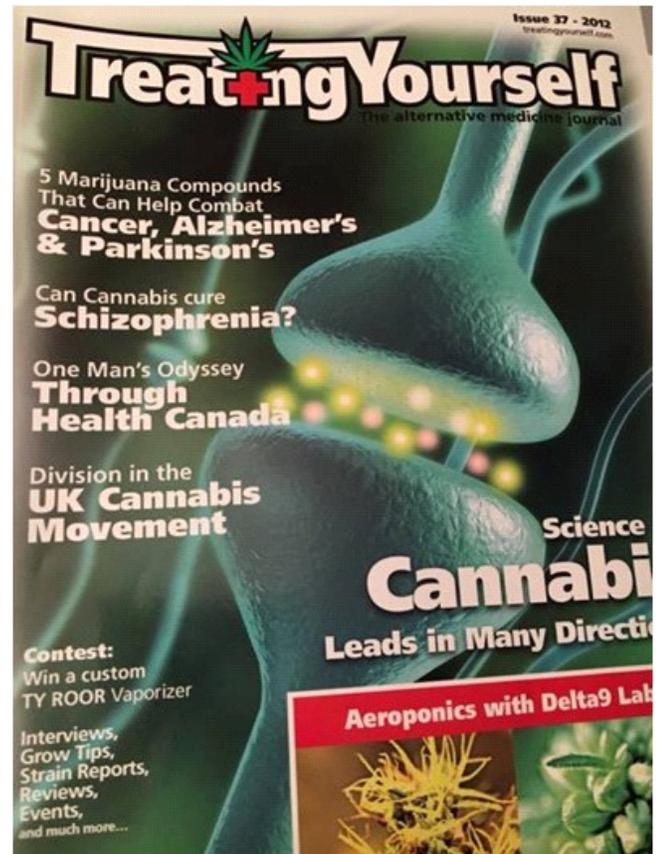
During these times the volunteers found that there was no other feeling than talking to a person, who was against cannabis, and then turning them 180 degrees. Some said they could feel the glowing happening on the inside. An example would be when a man in a wheel chair came past our booth. We offered him and his wife a magazine but they declined it partially because he had just had heart stents implanted. It

turns out the issue of TY on the table had an article about heart stents and cannabis which perked their attention. This couple who thought they were just going to walk by ended up spending 45mins with us and went home with a magazine.

When it came to the wellness shows, The National Women's Show and even the National Home Show we were often visited by PSW's to nurses. The conversations always turned to a patient they knew who was medicating but doing so privately. I also think all the shows brought the same question, "got any samples?" where we'd let them know they could have a free sample of TY.

For several years PACE would attend the Toronto Global Marijuana March but back then the crowds were massive and the location where it was held was very festive. Being able to get pictures from advantage points along the route to getting a media pass to get on stage with the speakers was always exciting.

Probably, the most exciting article for PACE, was writing about the TY Expo's. Why? Because I had expected a professional to do it, not an advocate with a grade 10 English like myself. It was a challenge and rather large but it got done. Collecting all the information to write about it was huge. The first year there was not only the vending part of the expo but also the hemp clothing show, the comedians, the speakers, the Global Marijuana Music Awards and so much more.



The most researched article we were involved in was published in Issue 34. This one was a 17 page review of all of the TO vapor lounges. It was a suggestion of Marco's that we ran with. It took 4 of us to do the review which included my friends Scott, Glenn, Erin participating in the research. Glenn had never visited a lounge so it was quite the eye opener for him. We looked at everything that you could think of. Ventilation, food, access, parking, washrooms, entertainment, bong rentals plus much much more were covered in the article. Some of the lounges even removed it from the magazine and put it into a binder to help others see and read it.



But TY was more than TY and PACE articles. It had the fantastic artwork of Georgia Toons which is now available on page 2 of this publication. There were articles about patients and their struggles but also of the success of cannabis. There were also recipes, strain reviews as well as the big important one, a medicinal article.

It was these "timeless" medical articles that so many people were interested in. They were used to not only educate the advocates but also mom's dads, the next door neighbor and people's doctors. They would help explain the science around cannabis and if someone wanted to learn more, many of them came with the resource links included.

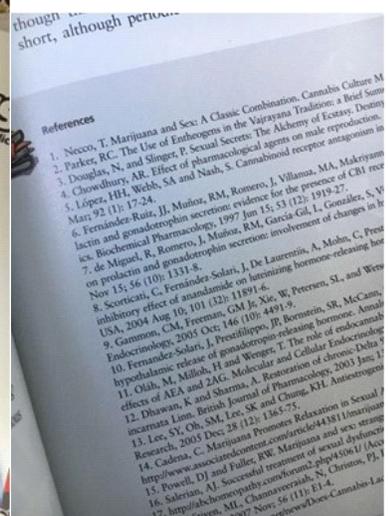
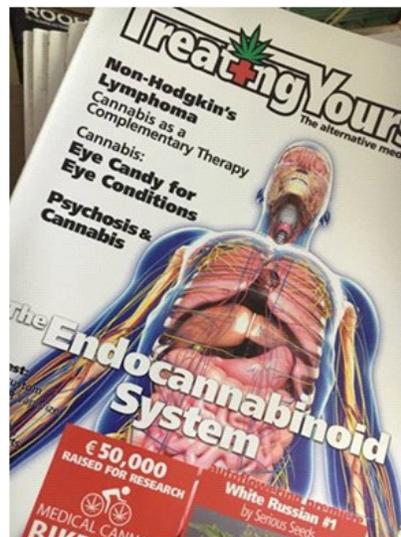
Treating Yourself Magazine was something that many people expected to see bi-monthly, to many it was a way to make change and a way to spread the truth. It was available not only in Canada but also in the USA and in many countries within Europe. Unfortunately everything came to an end in 2013. That's when after 8 years it stopped being published.

So what happened to TY since then? Well without being published it's been very quiet and to some, maybe even forgotten.

Where are all the past issues or did every issue sell out? If not sold, were they destroyed or stored? Well I'm happy to say that they have all been stored during this time. I'm also happy to say that these past issues are now available and will once again be put to good use.

People Advocating Cannabis Education has recently received all of the past issues of TY and will be distributing them to businesses in the south eastern part of Ontario. There are also plans to expand on this as we figure things out. We would like to say "thank you" to Marco Renda for this generous donation of educational information. It will be shared and TY will continue to educate people.

So if you're looking for a certain issue of TY or would like some to help spread cannabis education, you can contact us via our website at <http://pace-online.ca/>



Sick Children and Cannabis Shouldn't be a Taboo Subject

By Johnny Green

Originally published at learngreenflower.com

Watching sick children suffering has to be one of the saddest things I can think of. I am a father, and I can't fathom watching my son go through what a lot of kids have to go through from a health perspective.

Kids are the most vulnerable members of society, and they shouldn't be forced to suffer needlessly. If there's something out there that can help suffering children, and it doesn't carry the side effects a lot of other medicines do, by all means, if their doctor agrees, parents should be able to administer it for their children.



When mainstream medicine has failed to cure their children, many parents are turning to medical marijuana.

Kids and cannabis has been in the news a lot lately. Most of the coverage has been about success stories with cannabis, or advocates challenging the hypocrisy of the federal marijuana policy. Recently, medical marijuana advocate Dr. Sanjay Gupta, Chief Medical Correspondent for CNN, published an op-ed criticizing the 'DEA's missed opportunity on medical marijuana' saying, "Whether we realize it or not, we all accept a certain amount of hypocrisy in our daily lives. Maybe we don't always have the energy to call it out or we are too speechless and dumbfounded that no one else seems to have noticed. With regard to the hypocrisy of federal medical marijuana policy, however, it is worth summoning the stamina to relentlessly present the facts. The lives of patients -- such as that of Charlotte Figi, whose seizures abated with the use of medical marijuana, and so many others -- depend on it. That a plant could provide so much benefit and still remain behind these locked doors is worth speaking up about."

Often times, the coverage also involves opponents who don't believe cannabis should ever be given to children, regardless of evidence that shows it helps.

More parents are turning to cannabis to treat their sick children

Parents of children with severe epilepsy, cancer, and many other ailments, are turning to medical marijuana to find relief for their children, and when they do, they most often instantly deal with ridicule and unfair questioning, even in states where medical cannabis is legal for kids.

Facing this social stigma can be difficult for parents. Joel Stanley believes it is our responsibility to speak up about our experiences, "One of the things we learned from Charlotte's story, is that one story can open doors throughout the world...Anyone out there who is experiencing amazing results using cannabis, you have to tell people. You have to share it. Because it's your story, it's these stories, that will open the minds of our neighbors, and will ultimately end this prohibition."

Obviously, a major deterrent for many parents is living in states where cannabis is strictly prohibited in all forms. Currently, parents can risk serious jail time if they are caught treating their child with cannabis.

It is sad when a child is suffering, but it's especially sad when the child needlessly suffers because there's something out there which can help, and they can't have access to it. Children's treatments should be decided by doctors, not politicians.



Success stories should be proof enough

On June 23rd, at 8 ½ months old, Sophie Ryan was diagnosed with a low-grade, Optic Pathway Glioma brain tumor. Her parents Tracy and Josh Ryan were originally told that her only option would be a 13-month protocol of chemo in hopes to stop the development of the tumor; if they saw even minimal shrinkage it would be considered a huge success. After 13 months of chemo and high doses of cannabis oil, Sophie's brain tumor was about 85 to 90 percent gone. Image www.cannakids.org

There are numerous success stories out there of children who have overcome significant illnesses by being treated with cannabis.

One that I am always quick to offer up is Brave Mykayla, 'Mykayla Comstock was diagnosed with intermediate risk T-Cell acute lymphoblastic leukemia on July 14th, 2012, at 7 years old. She is also Oregon's youngest Medical Cannabis Patient.' Mykayla was treated with cannabis oil. Six days after her first treatment she was declared to be in remission.

It's my understanding that it has been four years since her first treatment, and she is still in remission, as documented in a very powerful and inspirational video found at [this link here](#).

If you Google 'kids cannabis epilepsy' you will no doubt come across numerous success stories of parents treating their children with cannabis and significantly reducing seizures, if not eliminating them altogether. This is true for many other conditions and symptoms.

Learn more from a true expert

Tracy Ryan, founder and CEO of CannaKids, has worked on a global scale with families seeking education and treatment options. Tracy and her team at CannaKids.Org has recently partnered with the Technion Institute in Israel where they are legally studying the effects of cannabinoids on many cancer types, with her daughter's own tumor sample being one of the first to be tested in this trial.

I am by no means a doctor, medical professional, or expert on the topic of kids and cannabis. I know what I have read, the personal stories I have heard, and have seen the research, but this in no way makes me an expert.

Someone who *is* an expert is Tracy Ryan, CEO of CannaKids. The Green Flower team held a Green Flower live-stream class with Tracy Ryan on August 25th, 2016. You can find this class here: [Treating Sick Kids With Cannabis: The Truth, The Science, & The Stories](#).



Cannabis and children is a sensitive subject, and being able to be educated from the privacy of one's home is a fantastic opportunity.

Signing Clinics

Alberta

Oasis Medical Centre	http://oasismedicalclinic.ca/	(844) 876-2747
Natural Health Services	http://naturalhealthservices.ca/	(844) 262-0942

British Columbia

Medicinal Cannabis Resource Centre Inc.	http://www.mrci.com/	(604) 566-9391
Greenleaf Medical Clinic	http://greenleafmc.ca	(877) 513-4769

Ontario

Marijuana For Trauma	http://mftontario.ca/	(613) 965-6780
Body Stream	https://www.bodystream.ca/	(800) 730-8210
Cannabinoid Medical Clinic	http://www.cmclinic.ca/	(647) 406-4902

New Brunswick

Marijuana For Trauma Inc	http://www.mftgroup.ca/	(855) 638-0420
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Nova Scotia

Trauma Healing Centers	http://www.traumahc.com/	(902) 462-2957
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Quebec

Sante Cannabis	http://santecannabis.ca	(514) 419-4131
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Canada Wide Listing

<https://liftcannabis.ca/doctors>

Compassion Centers

British Columbia

Victoria Cannabis Buyers Club	http://v-cbc.ca/	(250)381-4220
British Columbia Compassion Club	https://thecompassionclub.org/	(604) 875-0448

Ontario

CannDo	http://www.canndo.ca	(416) 901-7095
Toronto Compassion Center	http://tccentre.org/	(416) 668-6337
The Care Center	http://www.thecarecenter.ca/	(416) 855 3008
True Compassion Toronto	http://truecompassiontoronto.com	(647) 977-1995

Saskatchewan

Martins Medical Services	http://marijuanamailorders.com/	(306) 735-7537
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Nova Scotia

Farm Assists	https://thefarmassists.com	(902) 266-4769
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Accessing Cannabis Medical Purposes Regulations - ACMPR

Regulations: <http://www.gazette.gc.ca/rp-pr/p2/2016/2016-08-24/html/sor-dors230-eng.php>

Application - Doctor Form – Guide – Security – Testing:

<http://healthycanadians.gc.ca/drugs-products-medicaments-produits/buying-using-achat-utilisation/cannabis-medical/access-acces/personal-production-personnelle/index-eng.php>

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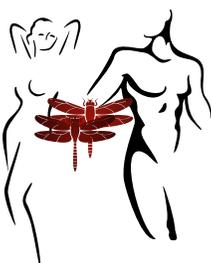
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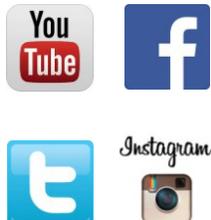


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